

March 2007

Clissold Swimming Club Newsletter



Welcome!

A big welcome to **Anna Dmochowska** and **Ella O' Regan** who have recently joined the club. Hope you are enjoying it!

Sponsored swim for Comic Relief

Friday 16th March is Red Nose Day! **Amina, Matilda** and **Sarah** are organising a sponsored swim which will take place during the training session at Kings Hall.

If you would like to take part, please download a sponsorship form from the club website at <http://www.rednoseday.com/get-involved/docs/fundraisingform.pdf>

Anyone wanting to take part should be ready to start swimming at 6.00 pm promptly. Make sure you bring water with you (plastic bottles only on poolside).

Swimmers will be given 30 minutes to swim as many lengths as they can. After this, there will be a training session, followed by a play session for the younger members and a water polo session for the older ones.

So please do come along, have fun and raise some money for Comic Relief.

Parents, if you can help with counting lengths, please contact **Kate** on 020 7254 7259 or 07773 294147.

Club AGM

The club's AGM will be held on **Friday 23rd March at 6.30 pm** at Kings Hall. **Further details are on the reverse of this sheet.**

The AGM is an opportunity for you to be informed about the club's performance over the past year and about the committee's plans for the future.

It is also the time when the officers and committee members are elected for the coming year. For those who hadn't yet realised this, all the management and administration of the club is carried out by volunteers, who are spending large amounts of their own time working for the benefit of all the members. We need lots more enthusiastic volunteers who would be prepared to take on a committee post. And even if you don't feel able to take on a specific role, there are always lots of small jobs which need doing. If you would like to discuss ways in which you could get involved in the management of your club, please contact **Kate** on 020 7254 7259 or 07773 294147. Please think about what **you** could do to help **your** club this year.

Easter holidays

The last day of this term will be **Sunday 1st April**. After this, the club will be closed for the Easter holidays and will reopen on **Sunday 15th April**.

However, there will be a training session at Cally on Thursday 5th April at 6.30 pm. All Squad swimmers are welcome to attend this session.

We are also hoping to run an extra session at Kings Hall on Monday 2nd April at 9.30 am. This will be specifically for those swimmers who are taking part in the project run by Catherine Morgan. These swimmers will be contacted with further details in due course.

A new timetable and new squad lists will be issued prior to the start of next term, so please do check this to see when your new sessions are.

Contact details

It is very important that we have up to date contact details for all our members. In January, all members were given a contact form to check, complete and return. Around half have now returned their form, which means half have not! Please do so as soon as possible.

Water polo

We have been awarded a grant by Proactive Islington to run 10 taster water polo sessions on Sunday mornings at Ironmonger Row, starting on **Sunday 22nd April**. These will be open to children and young people in Y5 upwards and will be free of charge.

The sessions will be held on alternate Sundays from 10.00 - 11.00 am and will replace our Squad B sessions. Of course, we hope that all our existing Squad B players will continue to come along, but we also hope to attract lots more potential water polo players, both from within the club and from elsewhere. So if you haven't yet tried water polo, why not give it a try next term?

Masters Lite

Masters Lite, for our adult swimmers, continues to run on Tuesday evenings from 8.00 - 9.30 pm at Ironmonger Row. It is proving very popular and lots of new members have signed up this term.

If you would like more information about Masters Lite, please contact **Tim, Kate or Greg**.



www.clissoldswimmingclub.org.uk

Annual General Meeting

and

LAUNCH OF CLISSOLD SWIMMING CLUB NEW SQUAD STRUCTURE

Friday 23 March, 6.30 pm
James Room, King's Hall Leisure Centre

The purpose of the Annual General Meeting is to transact the following business:

- To receive a short report of the activities of the Club during the previous year;
- To receive the Treasurer's report as to the financial position of the Club;
- To approve changes to the Club's constitution;
- To elect Officers and other members of the Committee, including:
 - ✓ Chair
 - ✓ Club Secretary
 - ✓ Treasurer
 - ✓ Membership Secretary
 - ✓ Welfare Officer
 - ✓ Competition Secretary
 - ✓ Publicity/ Press Officer

Nominations for these posts should be given to Kate Cornwall-Jones, Chair, in advance of the meeting. Please talk to Kate if you are interested in standing for election or email her on katecj@blueyonder.co.uk

We will also be co-opting committee members for LOTS OF OTHER JOBS, including Fundraising Officer, Newsletter Editor, Website Manager and LOTS MORE.

Your club needs you, so please think about what you can do to help.

There will also be a presentation of the new squad structure, which will come into effect from 15th April 2007.

Come along and find out more!

All club members and parents of club members are invited.